



JEFFREY R. GAHLER  
SHERIFF

# HARFORD COUNTY SHERIFF'S OFFICE

45 S Main Street PO Box 150 Bel Air, MD 21014

[www.harfordsheriff.org](http://www.harfordsheriff.org)

## **PRE-HIRE PHYSICAL AGILITY TEST/PHYSICIAN WAIVER FORM CORRECTIONAL APPLICANTS**

*The following is the series of tests that you will have to complete successfully to continue in the selection process. Each test lists a minimum score that must be achieved to be considered for employment as a Deputy with the Harford County Sheriff's Office.*

<b>Push-Ups (1 minute)</b>	<b>Sit-Ups (1 minute)</b>	<b>1.5 Mile Run (minutes:seconds)</b>
15	24	15:50

I have reviewed the description of the Harford County Sheriff's Office pre-hire physical agility tests detailed on the above section of this form and certify that the applicant,

\_\_\_\_\_, is under my care and is in appropriate  
(Applicant's Name)

physical condition to be able to safely perform the physical agility test as described.

\_\_\_\_\_  
**PHYSICIAN SIGNATURE**

\_\_\_\_\_  
**PHYSICIAN'S NAME (Type or Print)**

\_\_\_\_\_  
**ADDRESS**

\_\_\_\_\_  
**PHONE**

\_\_\_\_\_  
**DATE**

***PLEASE NOTE: In order to participate in the physical agility testing, you must bring this signed waiver from your physician to the testing site on the date of testing.***