PRE-HIRE PHYSICAL AGILITY TEST/PHYSICIAN WAIVER
FORM FOR LAW ENFORCEMENT APPLICANTS

The following is the series of tests that you will have to complete successfully to continue in the selection process. Each test lists a minimum score that must be achieved to be considered for employment as a Deputy with the Harford County Sheriff’s Office.

<table>
<thead>
<tr>
<th>Test</th>
<th>Minimum Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Push-Ups (1 minute)</td>
<td>18</td>
</tr>
<tr>
<td>Sit-Ups (1 minute)</td>
<td>27</td>
</tr>
<tr>
<td>1.5 Mile Run (minutes:seconds)</td>
<td>15:20</td>
</tr>
<tr>
<td>Handgun Trigger Pull</td>
<td>10x each hand</td>
</tr>
</tbody>
</table>

I have reviewed the description of the Harford County Sheriff’s Office pre-hire physical agility tests detailed on the above section of this form and certify that the applicant, ________________________________, is under my care and is in appropriate physical condition to be able to safely perform the physical agility test as described.

______________________________
PHYSICIAN SIGNATURE

______________________________
PHYSICIAN’S NAME (Type or Print)

______________________________
ADDRESS

______________________________
PHONE

______________________________
DATE

PLEASE NOTE: In order to participate in the physical agility testing, you must bring this signed waiver from your physician to the testing site on the date of testing.